Amendments to the Claims:

This listing of claims will replace all prior versions and listings of claims in the application.

Listing of Claims:

1. (Currently Amended) A method for improving the performance of a decoder, comprising: determining an energy value for a transmission from a first station to a second station, the decoder residing in the second station;

forming a message carrying an indicator of the energy value; and transmitting the message to the second station,

wherein the energy value is a traffic-to-pilot ratio and (1) determining an energy value includes locating the energy value in a look-up table and selecting an index value associated with the energy value, and (2) forming a message carrying an indicator of the energy value includes forming a message including the index value.

- 2. (Original) The method of Claim 1, wherein the step of transmitting the message comprises positioning the message in a preamble.
- 3. (Original) The method of Claim 1, wherein the step of transmitting the message comprises positioning the message in a subpacket.
- 4. (Original) The method of Claim 1, wherein the step of transmitting the message comprises positioning the message between a preamble and a subpacket.
- 5. (Canceled).
- 6. (Original) The method of Claim 1, wherein the first station is a base station and the second station is a remote station.

- 7. (Original) The method of Claim 1 wherein the first station is a remote station and the second station is a base station.
- 8. (Currently Amended) An apparatus for improving the performance of a decoder, comprising:

means for determining an energy value for a transmission from a first station to a second station, the decoder residing in the second station;

means for forming a message carrying and indicator of the energy value; and means for transmitting the message to the second station,

wherein the energy value is a traffic-to-pilot ratio and (1) the means for determining an energy value locates the energy value in a look-up table and selects an index value associated with the energy value, and (2) the means for forming a message carrying an indicator of the energy value forms a message including the index value.

9. (Currently Amended) A computer-readable media including computer-readable instructions thereon for performing the steps of:

determining an energy value for a transmission from a first station to a second station, a decoder residing in the second station;

forming a message carrying an indicator of the energy value; and transmitting the message to the second station,

wherein the energy value is a traffic-to-pilot ratio and (1) the step of determining an energy value includes locating the energy value in a look-up table and selecting an index value associated with the energy value, and (2) the step of forming a message carrying an indicator of the energy value includes forming a message including the index value.

10. (Currently Amended) An apparatus for improving the performance of a decoder, comprising:

a transmission power control unit for determining an energy value for a transmission from a first station to a second station, the decoder residing in the second station; and

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a channel element coupled to the transmission power control unit for forming a message carrying an indicator of the energy value and for transmitting the message to the second station,

wherein the energy value is a traffic-to-pilot ratio and (1) determining an energy value includes locating the energy value in a look-up table and selecting an index value associated with the energy value, and (2) forming a message carrying an indicator of the energy value includes forming a message including the index value.

- 11. (Previously Presented) The apparatus of Claim 10, wherein the transmitting the message comprises positioning the message in a preamble.
- 12. (Previously Presented) The apparatus of Claim 10, wherein the transmitting the message comprises positioning the message in a subpacket.
- 13. (Previously Presented) The apparatus of Claim 10, wherein the transmitting the message comprises positioning the message between a preamble and a subpacket.
- 14. (Canceled).
- 15. (Previously Presented) The apparatus of Claim 10, wherein the first station is a base station and the second station is a remote station.
- 16. (Previously Presented) The apparatus of Claim 10 wherein the first station is a remote station and the second station is a base station.
- 17. (Currently Amended) A base station for improving the performance of a decoder, comprising:
- a transmission power control unit for determining an energy value for a transmission from a first station to a second station, the decoder residing in the second station;
- a channel element coupled to the transmission power control unit for forming a message carrying an indicator of the energy value; and

a transmitter adapted to transmit the message in a forward link channel to the remôte stations,

wherein the energy value is a traffic-to-pilot ratio and (1) determining an energy value includes locating the energy value in a look-up table and selecting an index value associated with the energy value, and (2) forming a message carrying an indicator of the energy value includes forming a message including the index value.

18. (Currently Amended) A remote station for improving the performance of a decoder, comprising:

a transmission power control unit for determining an energy value for a transmission to a base station, the decoder residing in the base station;

a channel element coupled to the transmission power control unit for forming a message carrying and indicator of the energy value; and

a transmitter adapted to transmit the message in a reverse link channel to the base station,

wherein the energy value is a traffic-to-pilot ratio and (1) determining an energy value includes locating the energy value in a look-up table and selecting an index value associated with the energy value, and (2) forming a message carrying an indictor of the energy value includes forming a message including the index value.